



Dr Dushyanthi
Tilakawardena

Dr Dushyanthi (Dushy) Tilakawardena

MBSS(Hons), MPM(Monash), FRANZCP is a consultant in adult psychiatry with over fifteen years' experience in the public and private mental health services in Melbourne.

Her specialties include anxiety disorders, mood disorders (depression and bipolar disorder), post traumatic stress disorder, psychotic disorders, women's mental health, adult ADHD and alcohol use disorder.

She has a special interest and is trained in dialectical behaviour therapy (DBT), as well as repetitive transcranial magnetic stimulation (rTMS).

Dr Tilakawardena obtained her fellowship of the Royal Australian and New Zealand College of Psychiatrists (RANZCP) after completing basic and advanced training in general adult psychiatry at Monash Health. She has also completed a Masters in Psychological Medicine from Monash University.

Dr Tilakawardena provides comprehensive multidisciplinary treatment for a wide range of mental health conditions affecting adults of all ages, and works primarily in an acute inpatient setting at South Eastern Private Hospital.

She also provides outpatient consultations and treatment for patients holding private health insurance, as well as WorkCover, TAC and DVA patients.

In an outpatient setting she offers individual DBT Informed therapy, suitable for patients with borderline personality disorder.

Dr Tilakawardana also consults with patients for psychiatric assessment and GP management plans and reviews for Medicare Item Numbers 291/293.

To arrange a referral or appointment, please contact South Eastern Private Hospital by calling 9271 9700 or faxing 9271 9799.

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